



## Dealing with Learning Difficulties

FOR children diagnosed with learning difficulties such as dyslexia, dyspraxia, ADHD and ADD , the future has never looked brighter.

Today there is a multitude of remedial intervention programs on the market designed to treat these problems, often with very positive results.

Typically, students with learning difficulties have memory and organisation difficulties which means they can struggle to make sense of standard classroom lessons. Unfortunately, this problem is not uncommon and can ultimately result in behavioural issues and low self-esteem.

Australian surveys have indicated that 10 to 16 per cent of students are perceived by their teachers to have learning difficulties and have support needs, particularly in literacy, that go beyond those normally addressed by class teachers (1).

Early instructional intervention is seen as the key to success but Manly holistic kinesiologist, Janet Taylor takes an unconventional approach to treating her charges with pleasing results.

A certified L.E.A.P\* practitioner and one of only two in Australia, Janet 's philosophy around specific learning difficulties is that most result from the degree of access each person has to specific brain function and how well these functions can be integrated.

The L.E.A.P technique involves about 12-15 hours of non-invasive treatment.

"The techniques are based on the use of muscle monitoring, acupuncture, emotional and memory release, and sound and light techniques, together with other left/right brain integration exercises," Janet explained.

"Once I've addressed all brain function areas, I then address any low self-esteem and attitude issues along with behavioural problems. The success I've had to date has been outstanding."

Janet is one of three alternative therapy practitioners who work from the Manly practice known as Leap for Life. All have experience with children's health.

**For more information contact Janet on 9977 3646 or go to [www.leaptolife.com.au](http://www.leaptolife.com.au).**

### Endnote

- (1) Louden, W., Chan, L., Elkins, J., Greaves, D., House, H., Milton, M., Nichols, S., Rivalland, J., Rohl, M., & van Kraayenoord, C. (2000). *Mapping the territory, primary students with learning difficulties: Literacy and numeracy*, Vol. 1, 2, & 3. Department of Education, Training, & Youth Affairs: Canberra, ACT.

**\*L.E.A.P (Learning Enhanced Acupressure Program) is a specialised technique for correcting learning and performance difficulties.**