

Children facing educational difficulties can now take a . . .

# Big LEAP forward in classroom

Wendy Kay

AUSTRALIAN surveys have indicated that 10 to 16 per cent of students are perceived by their teachers to have learning difficulties requiring support.

The problems lie particularly in literacy and go beyond those normally addressed by class teachers, leaving it up to parents to find solutions.

All too confused and desperate parents are forced on a veritable merry-go-round of intervention programs, treatments, therapies and management which can cost thousands of dollars and massive loss of heart.

Manly holistic kinesiologist Janet Taylor is convinced, however, that the future has never looked brighter for children with problems such as dyslexia, dyspraxia, ADHD and ADD.

"Today there is a multitude of remedial intervention programs on the market designed to treat these disorders, often with very positive results," she said.

But how do you know which treatment works and prevent the run-around from specialist to specialist?

"It's important to find someone who can work within a network of specialists," she said. "I collaborate with other professionals, so I can refer my clients accordingly if I feel I can't solve the problem."

One of three complementary therapy practitioners at Leap To Life in Manly, Janet is a certified Learning Enhanced Acupressure Program (LEAP) practitioner and instructor. LEAP is an advanced form of kinesiology which uses the art of muscle monitoring to access a person's wellbeing.



**HELP FOR PARENTS**

**What:** Leap To Life

**Who:** Janet Taylor

**Where:** Suite 1, Level 1, 17 Sydney Road, Manly

**More:** [leaptolife.com.au/resources.html](http://leaptolife.com.au/resources.html)

**Ph:** 9977 3646

Janet's philosophy is that most specific learning difficulties result from the degree of access each person has to specific brain function and how well these functions can be integrated.

LEAP is a correctional technique which requires 12 to 15 hours of non-invasive treatment.

"The techniques are based on the use of muscle monitoring, acupressure, emotional and memory release, and sound and light techniques, together with other left-right brain integration exercises," she said.

In simple terms, it's like asking specific questions of the brain.

"Once I've addressed all brain function areas, I then address any low self-esteem and attitude issues along with behavioural problems.

"Children who avoid reading, for example, may have a behavioural eye issue, or it may be a motor problem with a clumsy child. But even before I proceed with LEAP there may be other procedures to complete such as diet and/or structural corrections," said Janet.

She has helped children on the ASD spectrum through to executives and performers.



Janet Taylor uses acupressure on Bella Johnson.

Picture: CARLY EARL -PP448135

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use manual muscle testing to identify imbalances in the body's energy, structural, chemical or emotional. It is thought that all stress, imbalances and blockages in the nervous system can be detected by testing the tension in certain muscles. The feedback helps the body into a better position to heal itself or reach a specified goal by "balancing" its energies.

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